AN ATTEMPT TO MODEL THE GLOTTIS AS A VAN DER POL OSCILLATOR

Some say it's a stone, other say it's a bird... Indeed it is an egg!!

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PRINCIPLES OF HARMONIC OSCILLATOR

Gravity Pendulum



 $\ddot{\theta} + \omega^2 = 0$ $\omega_0^2 = \frac{g}{l}$

All physical systems characterized by a parameter u(t) satisfying the differential equation :

$$\ddot{u}+\omega_0^2 u=0$$

are called harmonic oscillators

SPRING-MASS OSCILLATOR **Rest Position** 0 Impulsion m Spring : k Mass a Х $m\ddot{x}+kx=0$ $\omega^2 = \underline{k}$ $\ddot{x} + \omega_0^2 x = 0$ т **Sinusoidal Oscillation** $x = a\cos(\omega t + \varphi)$ $F_0 = \frac{\omega_0}{2\pi}$



ELECTRICAL ANALOGY



HARMONICS OSCILLATORS

In a conservative system :

The total energy is constant

The x strength is $x = a \cos(\omega_0 t + \varphi)$



SELF-SUSTAINED OSCILLATION : CONDITIONS



SELF-SUSTAINED OSCILLATION Van Der Pol's equation

The coefficient of friction γ is a function of the amplitude x of the oscillation. The parameter γ is negative for the small amplitudes and positive for the large amplitudes. Only the module, and not the sign of the amplitude x has an importance. Therefore $\gamma(x)$ is in x^2 .

$$\begin{aligned} \ddot{x} + \gamma \dot{x} + \omega_0^2 x = 0 & \gamma(x) = -\gamma_0 \left(1 - \frac{x^2}{x_0^2}\right) & \gamma_0 > 0; x_0 \\ \text{reference} \\ \text{amplitude} & \gamma < 0 \text{ for } x^2 < x_0^2 & \overline{x} - \gamma_0 \left(1 - \frac{x^2}{x_0^2}\right) \dot{x} + \omega^2 x = 0 \\ \text{nity of} \\ \text{nplitude} & x_0 \sqrt{\frac{\omega}{\gamma_0}} & \overline{x} - (\varepsilon - x^2) \dot{x} + x = 0 \\ \text{Unity of} & \frac{1}{\omega} & \varepsilon = \frac{\gamma_0}{\omega} \end{aligned}$$

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Problem

« Experimentally, phonation tends to « kick in » and « kick out » in a more abrupt way than small amplitude theory would predict. Furthermore, the kicking in may occur at a higher value of pressure than the kicking out, as reported by Baer 1975, suggesting a hysteresis (memory) for oscillation having previously been on or off. »

Ingo R. Titze. *Phonation threshold pressure: A missing link in glottal aerodynamics JASA 1992;91:2926-2935.*

RELAXATION OSCILLATOR



Seesaw.

Swing when the G center of gravity passes by the plan containing the axis of rotation



time

The frequency is in direct relation with the flow of filling and draining

time

ANOTHER TYPE OF RELAXATION OSCILLATOR

Tantalus cup used for time measurement during the Roman Empire



When water reaches the level H, the siphon primes, the tank is quickly emptied with a flow higher than that of the filling, down to the level h of draining

NONLINEAR ELECTRICAL RESISTANCE

The non-linear N organ basically presents two resistances R1 and R2 without transition according to the characteristics fig. 1 and the cycle fig.2

 $\begin{array}{ccc} R2 & R1 \\ 0 & \longrightarrow V2 & \longrightarrow V1 \end{array}$



SIMPLEST ELECTRICAL RELAXATOR





Neon Oscillator

OSCILLATION INTERVAL

Relaxation oscillation require two conditions

The system must progress and reach the high threshold -« Onset »- (V2)
 The relaxation must reach the low threshold -« Offset »- (V1)
 as in the phonation conditions (Onset and offset of phonation)



FREQUENCY CONTROL



The frequency increases with E and 1/C

AMPLITUDE CONTROL



In the « neon » modelling, when V2 increases to V'2, then A2>A1. One must notice that the period increases T2>T1.

In laryngeal vibration, the increase of the adduction force has two consequences

- 1) Increase of the opening threshold, thus increase Amplitude
- 2) Increase of the stiffness of the spring (eq. 1/C), thus increase of the frequency

NON LINEAR RESISTANCE RELAXATOR AND OSCILLATING CIRCUIT



Simulation by hysteresis method

VAN DER POL EQUATION

Non linear resistance

$$R(i) = -\rho(1 - \beta i^2)$$

$$y=i\sqrt{\beta}$$

$$x=\frac{t}{\sqrt{LC}}$$

$$\varepsilon = \rho \sqrt{\frac{C}{L}} \quad \Longrightarrow \quad y''-\varepsilon(1-y^2)y'+y=0$$



Simulation by Van Der Pol method

The principles of relaxation oscillator





In a general way, the phenomenon of relaxation oscillation is demonstrated by any system presenting three characteristics : power supply, integrator and nonlinear resistance with hysteresis behavior

Regarding the phonation system, the intraglottic space can be grossly approximated by a box able to integrate airflow.

The glottis may present a nonlinear resistance with hysteresis to the airflow

The glottis as a nonlinear resistance with hysteresis ?



Numerical simulation : simplifications



Simulation : Independent variables of the one degree of freedom model



- 1 spring
- 1 damping
- 1 mass
- The Bernoulli effect
- 2 thresholds of functioning
- Airflow supply

Parameter value of the one degree of freedom model of relaxator

d: depth damping : r e: thickness l: length stiffness : k Spring stiffness : k = 5.0 N/m Damping : r = 0.015 N.s/m Surface of the vocal fold : $S = l \cdot e = 15.10^{-6} \text{ m}^2$

Mass : m = 0.02 g



Let us apply a pressure source about 700 Pascal. The mass value is 0.01 g. The stiffness value is 5 N/m. The damping coefficient is 0.015.

Self oscillations are obtained. The waveform is of a relaxation type. The fundamental frequency is 90 Hz. The amplitude is 2 mm.







Let us increase the pulmonary pressure to 1000 Pa.

The frequency increased to 142.5 Hz and the amplitude to 2.07. The waveform is triangular shape.



Now let us increase the value of the mass to 0.05 g. The waveform is more sinusoidal. The frequency decreases to 77.5 Hz and the amplitude increases to 2.36mm.



Now let us examine some conditions where the oscillations fail. First case, insufficient Pressure : 500 Pa. Opening threshold can not be reached.



Second case, insufficient Bernoulli effect to reach the closure threshold.

Vibration amplitude – Subglottal Pressure relation



Parameters

Th1 = 0.1 mm Th2 = 1 mm M = 0.01gk = 5 N/mr = 0.015 N.s/mPB1 = -0.1xPSGPB2 = -0.5xPSG

Frequency-subglottal pressure relation



Parameters

Th1 = 0.1 mm Th2 = 1 mm M = 0.01gk = 5 N/mr = 0.015 N.s/mPB1 = -0.1xPSGPB2 = -0.5xPSG

Bowed string model analogy : Stick and slip



...But more complex is the reality... Experimental observations (personal works): Set up





Conditions of asymmetryElectroglottography (EGG)Optoreflectometry

2 vocal folds



Experimental observations: Results



MODELING : At least two non-linear coupled oscillators are needed

TWO COUPLED RELAXATORS



A simplified electric model

- $E_s \Leftrightarrow$ Source pressure
- $R_t \Leftrightarrow$ Tracheal resistance
- $r_i \Leftrightarrow Resistance \ generated \ by vocal \ fold friction$
- $\rho \Leftrightarrow Non-linear \ glottic \ Impedance$
- $L_i \Leftrightarrow Fold mass$
- $C_i \Leftrightarrow$ Fold elasticity
- $L_m \Leftrightarrow Shared mass$
- $C_m \Leftrightarrow Shared \ elasticity$

M. OUAKNINE. Non-linear behavior of vocal fold vibration : Role of coupling.Advances in Quantitative Laryngoscopy, Voice and Speech Research 3rd International Workshop. Aachen june 19-20, 1998



- The model is consistent with main experimental studies about:
 - functioning threshold
 - dependence of amplitude an frequency on the subglottal pressure
- The conditions of self sustained oscillations are simple and clear
- The oscillation is made of the succession of different states. Each state can be describes by analytic equations. The transition between two successive states is abrupt.

Future studies

•The mathematical relation between the glottis deformation as function of the intraglottal pressure is needed to produce a more analytical model such as that obeiyng to the van der pol equations.

•The **vocal register** transition may be due to a drastic change of the values of the parameters (mass, stiffness, damping)

•The coupling between two relaxation oscillators may lead to non linear phenomenon such as **bifurcations and chaos**.

Addum

The simulation in Visual Basic can be obtain form the authors : ouaknine@univ-aix.fr